

Vita



An adaptation of the American health magazine *Prevention*, this best-selling small format health magazine provides trustworthy and innovative health news, advice and solutions to improve one's life and well-being.

General information

Web site : www.vita.pl
Frequency : Monthly
Circulation : 83'332 (Source: ZKDP 2008)
Readership : 606'004 (Source: PBC 2008)
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